

## TAP GLOSSARY

### THEORY FOR THE GRADED STAGE BRANCH TAP EXAMINATIONS

Theoretical questions will be marked in the section entitled 'responses and knowledge of syllabus'. A candidate may be asked a maximum of three questions in any one examination (if it is felt that he/she was insecure and needed another chance to answer correctly). Candidates will be asked to demonstrate certain steps from the tap glossary and define them. The answers do not have to be an exact repetition of those written but should convey the same meaning.

#### Grade One

##### Terms and definitions

Straight tap:	strike ground with the ball of the foot and up (ankle only)
Forward tap:	strike ground with the ball of the foot forward and up (ankle only).
Backward tap:	strike ground with the ball of the foot backward and up (ankle only).
Hop:	stand on one foot, spring into air and land lightly on the ball of the same foot.
Jump:	feet together, flex knees, spring into air and land with feet together in any direction.
Spring:	stand on one foot spring into air and land lightly on the ball of the other foot.
Drop:	stand on one foot, spring into air and drop heavily on the ball or flat of the other foot.
Stamp:	heavy downward beat on to flat of foot. Weight on supporting foot or working foot.
Heel beat:	flex knee, strike ground with heel finishing on ground with a heavier tone. Can be given three ways: – standing on one foot; with ball of working foot on ground; as a sharp dig.
Toe tap:	bend knee, strike ground with toe and up sharply.
Step:	transfer of weight from one foot to ball of the other.
Shuffle:	a forward and backward tap given to the count of &1 or less.
Ballchange:	change of balance from the ball of one foot to the ball or flat of the other foot, in any direction to the count of &1 or less.
Tap step:	a forward tap followed immediately by a step. Weight on working or supporting foot.