

Grade Two

Questions may be asked from the previous grade and from the following: -

Terms and definitions

Heel tap:	flex knee, strike ground with heel and up sharply. Can be given three ways: – standing on one foot; with ball of working foot on ground; as a sharp dig.
Heel beat:	flex knee, strike ground with heel finishing on ground with a heavier tone. Can be given three ways: – standing on one foot; with ball of working foot on ground; as a sharp dig.
Toe beat:	bend knee, strike ground with toe finishing down on ground with a heavier tone.
Ball tap:	strike ground with ball of foot and up sharply. Can be given three ways: – standing on one foot; with heel of working foot on ground; as a sharp dig.
Ball beat:	as in ball tap but ball finishes down on ground and is heavier in tone.
Forward brush:	broader movement than a forward tap as swing comes from knee and hip.
Backward brush:	broader movement than a backward tap as swing comes from knee and hip.
Stomp:	stand on ball of the foot, push foot forward finishing with a heavy heel beat.
Scuff:	a flat stamp carried forward and off ground, supporting knee flexed.
Tap spring:	a forward tap followed immediately by a spring. Travelled or on one spot and very lightly executed.
Pick-up:	stand with feet slightly apart, turn up toe of one foot, slap foot back hitting ground with ball of foot and removing heel.
Pick-up step:	pick-up followed immediately by a step. Can be repeated on alternate feet.
4-beat cramp roll:	spring on to r.f; ball dig l.f; heel beat r.f; heel beat l.f.
5-beat cramp roll:	tap spring on to r.f; ball dig l.f; heel beat r.f; heel beat l.f.